

# New Student Orientation Fall 2017

September 29, 2017  
DiRECT, School of Science

Multi-purpose Room, 2nd Floor, Science Complex C



# About Us



### Science Complex A [ 302 ]

Today,  
we are here

Science Complex C

Science Complex B

Rest Rooms

Female

Male

- ◆ Functions as the Admission Office for IGPAS
- ◆ Provides assistance to international students
- ◆ Provides information to students who seek academic opportunities abroad

Office Hour: 10:00 am - 5:00 pm

Contact: 022-795-5829

[direct@mail.sci.tohoku.ac.jp](mailto:direct@mail.sci.tohoku.ac.jp)

URL: <http://www.sci.tohoku.ac.jp/direct/english/>

DiRECT

Elevator

Stairs

Room 303  
Lecture Room 4

Room 302

Counter

Kikuchi  
菊池

Kohama  
小濱

# Academic Affairs & Campus Life



## 3 Academic Affairs Sections (Kyomu 教務)

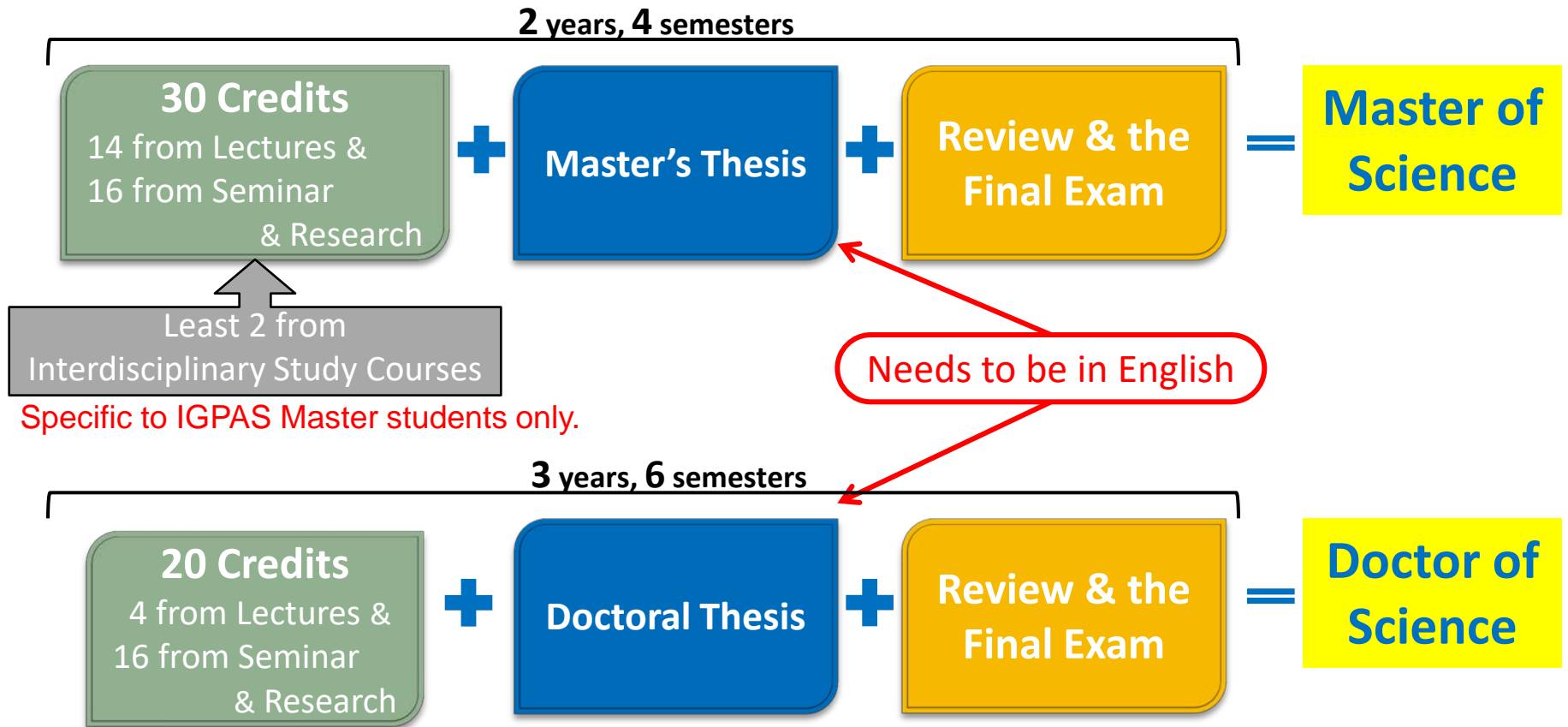
- ① Graduate Academic Affairs  
→ courses, registration, grades, etc.
- ② Undergraduate Academic Affairs
- ③ Student Support  
→ certificates, scholarships, etc.

Monday to Friday  
8:30 am - 5:15 pm  
Closed on  
Saturdays, Sundays,  
and holidays

## 5 Department Offices (Senko Jimu 専攻事務)

- Mathematics
- Physics (Physics, Astronomy & Geophysics)
- Chemistry
- Earth Sciences
- Biology (undergraduate only)

# Degree Requirements 修了要件



**IGPAS Master's students:** Required (least 2 credits)

Other Master's students: Optional (CAN be used for degree)

**IGPAS Doctoral students:** Optional (can NOT used for degree)

Course Title	Course Style	Credits
<b>Frontiers in Science II</b> (科学の最前線Ⅱ)	<b>Lecture</b>	<b>2</b>
Frontiers in Science I (科学の最前線Ⅰ)	Lecture	2

← **Fall 2017**

← **Fall 2018**

# Course Registration 履修登録(1)



## Student Handbook *Gakusei Binran* 学生便覧

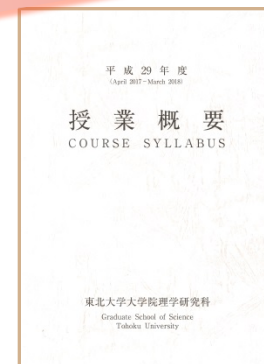
graduate course list (English courses have “※” mark)  
degree requirements, regulations, student services  
list of laboratories and faculty members, etc.



Translated version now available!

## Course Syllabus *Jyugyo Gaiyo* 授業概要

Course descriptions, credits, semester, instructor, course, etc.



## Course Schedule *Jyugyo Jikanwari* 授業時間割表

Semester, day, time, place, etc.

\*English course timetable -> in the last pages.





# Course Registration 履修登録(2)



Handout

## Registration Period:

**October 2<sup>nd</sup> to 20<sup>th</sup>, 2017**

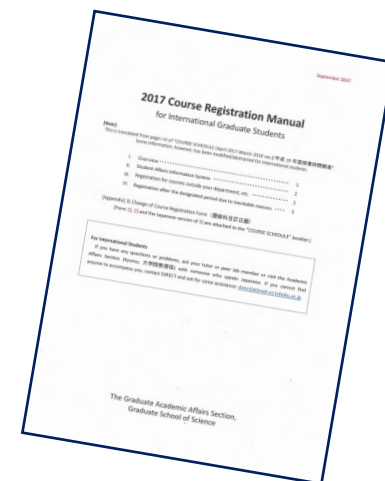
Basically the **first 3 weeks** from the first day of each semester!

- \*Needs to be made at EVERY semester
- \*Registration period: informed on the website
  - ▶ <http://www.sci.tohoku.ac.jp/english/student/#a22>

## How to Register:

### Via Online Registration System (from student portal site)

<https://www.srp.tohoku.ac.jp/>



- Need **Tohoku-dai ID** (or Student ID) & **password** to log in.
- access to the System from LAN-connected computers **ON CAMPUS**
- can set up an access from outside the campus after the initial setting

# ID & Password



## Student ID Card

Handout

- Name indicated in **Alphabet or Kanji** (Chinese Characters) AND **Katakana**
- Can use **Automatic Certificate Issuing Machines**
- Access to **University Library** on campuses.
- Must be returned on your graduation or leaving from School.
- Will not be in use if it is deformed or exposed to strong magnetic fields.

\*Request [Kyomu#1](#) for re-issuance when lost or deformed

## Tohokudai ID

- Assigned by the University

Given to you in a  
**confidential letter**

## Tohokudai ID (default) Password

- Necessary to log in to Online Registration System.
- Necessary to use Automatic Certificate Machines.
- Advised to change immediately for security purpose.

\*Ask [Kyomu#3](#)  
if lost or to reset

<< Will be sent to your lab in about a week via the department office.>>

# Course Registration 履修登録(3)



How to change languages for operation (once you logged in):  
(The top page of the new Student Portal Site will originally appear in Japanese).

東北大 学務情報システム 運用テスト環境  
TOHOKU UNIVERSITY Student Affairs Information System

HOME | 教務 | 履修・成績 | 学生支援 | 就職支援

週間スケジュール  
スケジュールを登録 | 今週を表示 | 2013/09/26~2013/10/02 | 週間 | 月間

9/26 (木)	9/27 (金)	9/28 (土)	9/29 (日)	9/30 (月)	10/1 (火)	10/2 (水)

大学からのお知らせ  
大学からのお知らせはありません。  
0件の新着  
全てを見る

あなた宛のお知らせ  
あなた宛のお知らせはありません。  
0件の新着  
全てを見る

Events  
イベントはありません。

Information

メッセージ  
メッセージ受信一覧  
公開お知らせ一覧  
イベント一覧  
オンラインマニュアル

スケジュール  
スケジュール登録  
オンラインマニュアル

MyProfile  
キャビネット一覧  
個人種別選択  
メッセージ転送設定  
**配置/言語設定**  
オンラインマニュアル

リンク  
東北大  
教育系情報システム  
オンラインガイド  
全学教育

Select the fifth  
from the bottom:  
**配置/言語設定**

# Course Registration履修登録(4)



1. Select English and Update 更新 at the bottom.

2. Select logout at the right top corner:

**ログアウト**

東北大学 学務情報システム 運用システム  
TOHOKU UNIVERSITY Student Affairs Information System

HOME 教務 履修・成績 学生支援 教職支援

配置/言語設定

	0	1	2
0	スケジュール表示(週間)		
1	お知らせ表示(全体)	お知らせ表示(個人宛)	
2	イベント表示		
3	公開お知らせ表示		
4			

プレビュー

※種別ごとにチェックを付けない場合は、最大値にて表示されます。

コンテンツ名	種別	横位置	縦位置	種別変更
イベント表示	1	0	2	<input type="checkbox"/>
公開お知らせ表示	1	0	3	<input type="checkbox"/>
お知らせ表示(全体)	1	0	1	<input checked="" type="checkbox"/>
お知らせ表示(個人宛)	1	1	1	<input checked="" type="checkbox"/>
スケジュール表示(週間)	3	0	0	<input type="checkbox"/>

言語設定

言語 ☒ Japanese ☐ English

検索設定に戻す クリア 更新

# Course Registration 履修登録(5)



Login again for English display. Select Courses/Grades>Confirm Course.  
Courses available are to appear in the time table.

東北大学 学務情報システム  
TOHOKU UNIVERSITY Student Affairs Information System

Text Size L M S Logout

HOME School Affairs Courses/Grades Student Services Job-search Support

Course Registration Course Registration Confirm Course Registration Grades Inquiry

Enter Registration Details → Confirm Details → Registration Completed

Select Intensive Course and Other Select Other Dept. Courses Search Courses

2013 Second Semester

Class Period	Mon	Tue	Wed	Thu	Fri
1Class Period					
2Class Period					
3Class Period					
4Class Period					
5Class Period					
6Class Period					

Unregistered Registered No Changes Allowed

	First Semester	Second Semester	Yearly
Upper Limit	-	0	2
Lower Limit	-	-	-

Confirm Entry



Ref 1. English manual   

2. English guidance online: [https://www.dc.tohoku.ac.jp/guide/EA/index\\_EA-e.html](https://www.dc.tohoku.ac.jp/guide/EA/index_EA-e.html)

# Course Registration 履修登録 (6)



## Special Occasions that you can not register online

➡ **Submit the required forms to Kyomu#1**

	Course Registration Form (履修科目登録願)	Request for Credit Approval for Courses Other than Those from Affiliated Department (他専攻及び他研究科等科目に係る履修・関連科目認定願)	Change of Course Registration Form (履修科目訂正願)
Special seminar, Intensive course	✓		
Courses of other department/school	✓	✓	
Missed registration or needs modification			✓

# Course Registration 履修登録 (7)



## Registration for Seminars and Research

Department	Master's		Doctoral	
	Seminar	Research	Seminar	Research
Mathematics	Every Spring	Final Spring		
Physics	Every Spring			
Astronomy	Final Spring			
Geophysics	Every Semester			
Chemistry*	Every Semester			
Earth Science	Final Spring			

- Throughout-a-year course -> "Every Spring"
- Throughout-a-program course -> "Final Spring"
- Regular course -> "Every Semester"

**\*Chemistry Department: the department office does this registration for their students**

## (追加情報: 学務情報システム)

### “Message Forwarding Setup” メッセージ転送設定

to receive information by you're the most handy e-mail address

- ▶ Important information (e.g. result notification of your tuition fee waiver) is often notified via the system,
- ▶ **Physics, Astronomy, Geophysics, & Earth Science** majors, information that you need immediate attention (e.g. class cancellation) is sent to the relevant students via the system

\*In **Math** and **Chemistry** department, the offices prefer using 'real' bulletin board to the system)



# Program Completion etc. 修了・進学等 **DiRECT**

## Graduate Thesis: Timeline

Department	Announcement released *	Submission of relevant items	Thesis submission	Presentation /defense**
Mathematics	Late April	Thesis title: late May	Late July	Early August
Physics	Early June	Abstract: late June	Tentative version: Mid-June Final version: Mid-August	Late July
Chemistry	Early May	Thesis title: end of May Abstract (for presentation): mid-July	Tentative version (for sub-examiner): late July Final version: late August	Early August
Earth Science	Early May	Early June	Late August	

\*Department office → Supervisors (Earth Science: directly to students, too)

\*\*Official result announcement : early September

## Advancement to Doctoral Program

**Announcement:  
Late May**

Documents to submit:  
1. Application form  
2. Student ID Card photo mount

To *kyomu*  
(Chemistry:  
department office)

**Deadline:  
Late June (or early July)**

# Certificates 証明書



Certificate	Certificate Machine* (issued instantly)	Kyomu #3 Window (issued in 2 business days)	Language		# of copies at one time
			Japanese	English	
<b>Certificate of Enrollment</b> 在学証明書	◎	○	○	○	up to 5
<b>Academic Transcript</b> 成績証明書	◎	○	○	○	up to 5
Certificate of Expected Completion 修了見込証明書	◎	○	○	○	up to 5
Certificate of Completion 修了証明書	×	○	○	○	
Certificate for JR Student Discount 学割証	◎	○	○	×	up to 2
Health-check Report 定期健康診断結果報告書	○	×	○	×	1
Certificate for Commuter Pass 通学証明書	×	○	○	×	1
<b>Certificate of MEXT Scholarship</b> 国費留学生証明書	×	○	○ (in English & Japanese)		-

◎ = recommended

\* Student ID Card & Tohokudai ID password necessary to log in

\*Available only for your current program.

# MEXT & MEXT Honors Scholarship

## 国費奨学金 & 学習奨励費



- Sign up (confirmation of enrollment) **at Kyomu No.3 Window** **Necessary every month** to receive stipends.
- Stipend will be in your Japan Post (JP) Bank account.

Or, may be at the relevant offices in Katahira campus (will be informed you later)

### 【Sign-up Deadline】

**First three business days**

### 【Pay Day】

→ → Around the 25th of the month

### Attention!

If you cannot make it before the deadline, inform either DiRECT or *Kyomu* No.3 (Student Support Section) in advance.

**October Stipend Sign-up Deadline: Wednesday, October 4**

**Pay Day>>>Tuesday, October 31**

Pay Day of Academic Year 2017 <http://www.sci.tohoku.ac.jp/direct/english/news/2017/03/2017-mext-pay-day.html>

# MEXT Scholarship Students 国費留学生

## JP Bank Account Opening Procedure Session **MEXT Students ONLY** for those who do not have a JP Bank Account

**Tuesday, October 3 at Room 303, Science Complex A** (Next to DiRECT Office)

Come to the room sometime **between 1:00 p.m. and 3:00 p.m.**

### Items to bring:

**(1) Passport, (2) Residence Card or Resident Record, & (3) National Health Insurance Card**

\* The bank account will be set around mid-October.

## **【MEXT Students who have a JP Bank Account】**

Please bring your passbook of JP Bank when you go to *Kyomu* No. 3 window for the sign-up of your first October stipend.

### **[Note] MEXT Scholarship Students**

- Cannot receive any other scholarship (except for research grant)
- No restriction to work as Teaching Assistant (TA) or Research Assistant (RA) on campus
- MC → DC: Application for extending the scholarship period required:
  - December of 2<sup>nd</sup> year of master's course, grading point: over 2.50/3.00 (as of 2016)
- Detailed information of conditions:

[http://www.mext.go.jp/component/a\\_menu/education/detail/\\_icsFiles/afieldfile/2016/11/22/1379712\\_001.pdf](http://www.mext.go.jp/component/a_menu/education/detail/_icsFiles/afieldfile/2016/11/22/1379712_001.pdf)

# Financial Opportunities 奨学金等

- **Tohoku University President Fellowship**
  - Payment amount = Tuition fee amount
  - Application in November
- **MEXT Honors Scholarship** (by JASSO)
  - Application in April
- **Scholarships by private foundations**
  - usually required to have Japanese skill (writing & speaking)
- **JASSO (Japan Student Service Organization)**  
[http://www.jasso.go.jp/study\\_j/scholarships\\_sfisij\\_e.html](http://www.jasso.go.jp/study_j/scholarships_sfisij_e.html)  
**DiRECT** <http://www.sci.tohoku.ac.jp/direct/>
- **Teaching/Research Assistant (TA/RA) Position**
  - ask your supervisor
- **Tuition Fee Waiver Application**
  - need to make an application every semester

# Leave of Absence & Withdrawal

## 休学&退学



- Application must be submitted in ADVANCE. (never can be backdated)
- Supervisor's agreement is required.
- Medical doctor's certificate is required if due to illness.
- If you take the leave period or withdrawal, you will no longer be eligible to stay in Japan with a "Student" Resident Status.

You must:

- Leave Japan immediately

OR

- Change your Resident Status to other appropriate status  
(i.e. "dependent", if you have your spouse living with you )

### **Allowed Maximum Period for Leave of Absence**

Master's student → → → → up to 2 years in total

Doctoral student → → → → up to 3 years in total

# Transportation 交通 (1)



## Campus Bus

FREE shuttle bus for Tohoku University students  
Operate among University campuses

- 2 different routes
- cannot get on if the bus is full

<http://www.bureau.tohoku.ac.jp/shisan/campusbus/campusbuse.html>

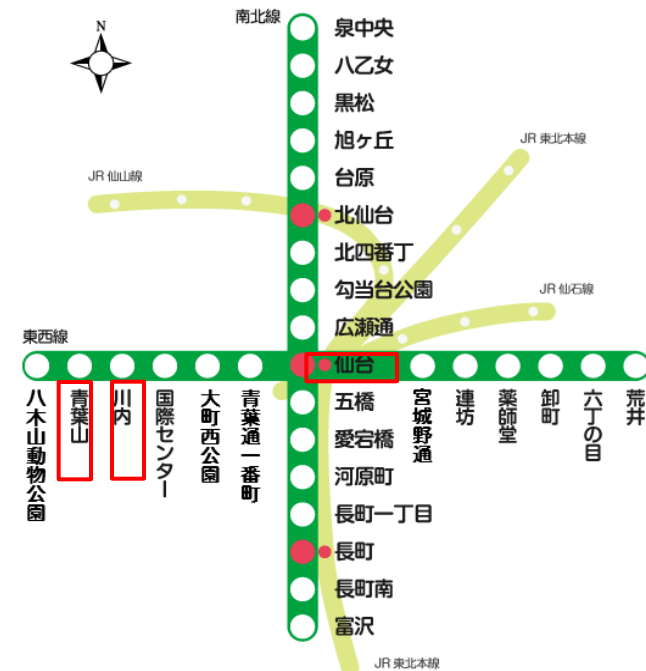


28 passenger microbus

## City Subway

Tozai (East-West) Line and Namboku (South-North) Line

- Aobayama STN. ↔ Sendai STN. (9 minutes, 250 JPY)
- Kawauchi STN. ↔ Sendai STN. (6 minutes, 200 JPY)



# Transportation 交通 (2)



## City Bus



### “Gakuto” Sendai City Bus/Subway Free Pass

Discount Commuter Pass for Students  
(Bus, Subway, or combined)

- \* Need “**Certificate of Commutation**”  
(通学証明書 *Tsugaku Shomeisho* )  
at *Kyomu* No.3 in advance.



## JR Train

Commuter Pass for Students

- \* Need “**Certificate of Commutation**”  
(通学証明書 *Tsugaku Shomeisho* )  
at *Kyomu* No.3 in advance)

## Other

Bicycle, Motorbike, Car\*\*

\*\*Parking Permit by School of Science  
required.



**25,000 JPY deposit** to become a member  
→ fully refunded when you terminate a membership

- Bookstores, print posters
- Cafeteria & Restaurants
- Located on all campuses

## Member's Advantages

- Discounts
  - **10%** on books & magazines
  - **15%** on CDs & DVDs
- Shopping points
- Credit Card **“TUO” Card VISA** (1,250 JPY + tax for annual fee, the annual fee is free for the first year)
- Use as a Pre-paid card (chargeable up to 50,000 JPY)
- Reasonable insurance plans for students (KYOSAI & GAKUBAI)  
and MORE!



# Immigration & My Number etc.

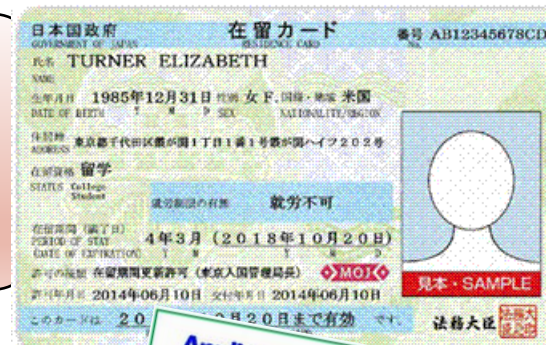


# Immigration Terms/Permits 在留関連



## Residence Card Zairyu Card【在留カード】

An ID card issued by the Ministry of Law to those whose Period of Stay is 3 months or longer. Possession required all the time.



## Extension Permit

### Zairyu Kikan Enchou【在留期間延長許可】

Apply at the Sendai Immigration Bureau before it expires

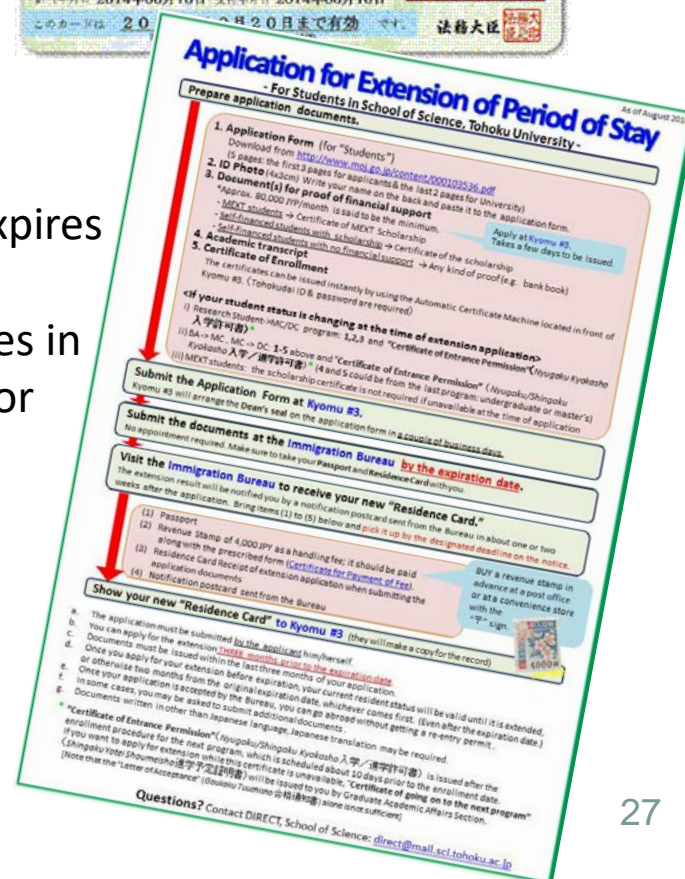
- Allowed to apply 3 months prior to expiration
- Need special attention if your expiration day comes in September (crosses with the time of advancement or graduation)

## Working Permit【資格外活動許可】

### Shikaku Gai Katsudou Kyoka

Obtain in advance to work outside the campus

- (1) at the port of entry
  - (2) later by applying to Sendai Immigration Bureau
- \_(No need for TA/RA)



## Individual Number Social Security and Tax Number System

- **12 digit individual number**  
(health insurance, tax matters, disaster countermeasures and administrative procedures)
- **Notification card sent to your address by registered delivery**

Need to report when receiving certain amount of money from university, sending/receiving money to/from overseas



★ Photo ID card available upon application (not mandatory)

★ Keep the notification card in a safe place and do not disclose the number to others!



# Registered Delivery 書留郵便



## Important/Confidential mails by Registered Delivery

- ▶ **Residence Card** (who came via Sendai AP)
- ▶ **JP Bank Card** (MEXT students who came via Sendai AP )
- ▶ **JP Bank Passbook** (MEXT students who came via Sendai AP )
- ▶ **"My Number" notification**
- ▶ **National Pension Handbook**

### If you were not at home...

Japan Post will leave a **Delivery Notice**.

Check their website:

[https://www.post.japanpost.jp/int/ems/ryugaku/intl\\_student/index\\_en.html](https://www.post.japanpost.jp/int/ems/ryugaku/intl_student/index_en.html)

Or bring it to your lab/DiRECT to discuss how to receive the item.

The image shows two Japanese Post delivery notices. The left one is a 'Delivery Notice' (配達通知書) and the right one is a 'Delivery Notice Card' (配達通知カード). Both forms contain fields for recipient information, delivery status, and contact details. The left form has a red header and a large red box for the recipient's name and address. The right form has a red header and a large red box for the recipient's name and address. Both forms have a red box for the recipient's phone number and a red box for the recipient's email address. The left form has a red box for the recipient's fax number and a red box for the recipient's internet address. The right form has a red box for the recipient's internet address and a red box for the recipient's internet address. Both forms have a red box for the recipient's internet address and a red box for the recipient's internet address.

# Housing & Daily Life





## Dormitories for International Students

- University House Sanjo I, II, III\*
- University House Katahira
- University House Nagamachi\*
- Tohoku University International House Sanjo 1, Sanjo 2
- Tohoku University International House Higashi Sendai

\*Used to be called “Temporary Student Dormitory (Emergency Student Housing)”

-No guests allowed to stay overnight

-Allowed to stay **up to ONE year**

Once admitted and lived for that period, you won't be eligible to apply again

(There may be chances for rooms for married couples.)

-Application (twice a year):

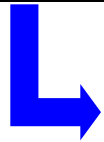
**June - July** for October entrance

**December - January** for April entrance

# Apartment 賃貸住宅



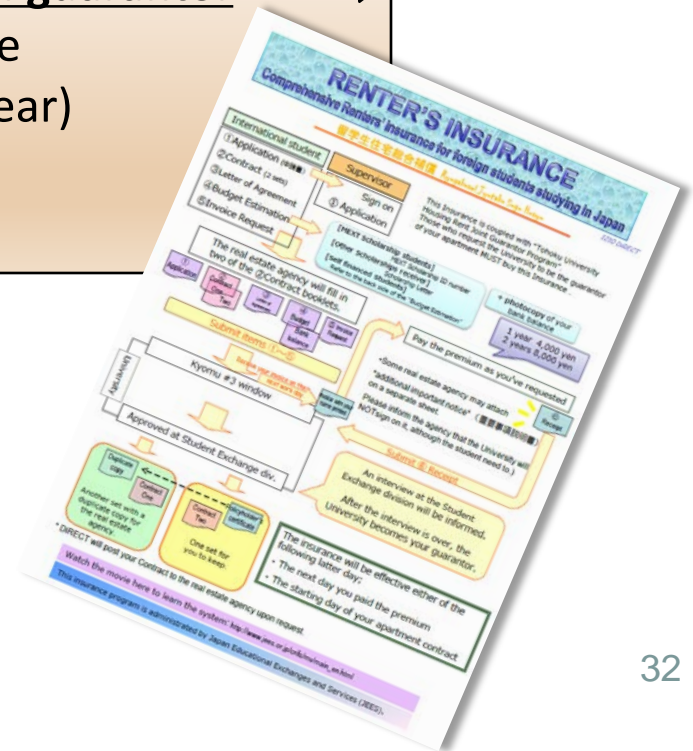
- **High Initial Expenses** (deposit, key money, handling fee, etc.)
- **NOT Furnished**
- **Guarantor required**



## Guarantor Program 【留学生住宅保証制度】

- Tohoku University will be your institutional guarantor
- only Tohoku University students are eligible
- must buy **Renter's Insurance** (4,000 yen/year)
- make the contract on a designated format
- does NOT apply when living out of Sendai

**NEVER** start to live in the apartment before applying the program!!





# Support/Facilities 各種支援・施設



## School of Science

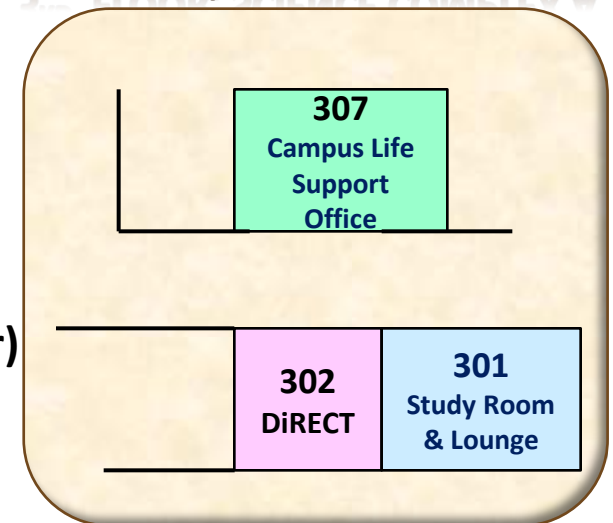
### Academic Issue

- Tutor (peer lab students to help you)
- Advisory Board
- Department Chair

### Supporting Facilities

- **Women's Break Rooms【女性休憩室】**  
Registration required (every academic year)  
▶▶▶[Orientation & Registration \(Late October\)](#)
- **Study Room & Lounge【学習室・談話室】**  
Open 5:00-21:00 (everyday)
- **Campus Life Support Office(OASIS)【キャンパスライフ支援室】**  
Information, Advise & Counseling
- **International Students' Break Room【留学生休憩室】**  
Open: 9:00-17:00 (weekday) Room 830, 8F, Physics Building

### 3<sup>RD</sup> FLOOR, SCIENCE COMPLEX A



## Tohoku University

### Information

- International Support Office “*TU Support*”  
Website, Housing support, **Orientation (October 3)**

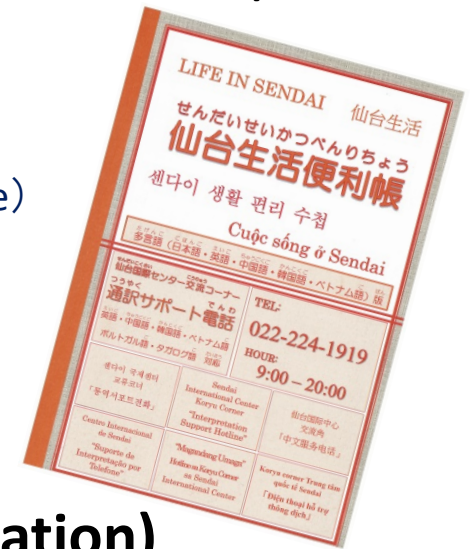


# Supporting Organizations 支援団体 **DiRECT**

## **SenTIA** (Sendai Tourism, Convention and International Association)

### 【仙台観光国際協会】

- **Koryu Corner** at Sendai International Center
- Interpretation Support Hotline  
(English, Chinese, Korean, Tagalog, Portuguese and Vietnamese)
- Handbook for residents in Sendai “**LIFE IN SENDAI**”  
(in English, Chinese, Korean, and Vietnamese)
- E-mail Magazine (Digestive Information from Sendai City Newsletter, Disaster Information etc.)



## **MIA** (Miyagi International Association)

### 【宮城県国際化協会】

- Traditional Miyagi Home-stay Program

## **Organizations by Tohoku University Students**

- **TUFSA** (Tohoku University Foreign Student Association)
- **@home** (Japanese student group to support international students)

## Japanese Language Program at Kawauchi by Tohoku University

【東北大学 外国人留学生等特別課程】 Handout

\*NON-credit Japanese course

<http://www.he.tohoku.ac.jp/SJLE/JLPK/index-e.html>

## E-learning in Japanese by Tohoku University

【東北大学 日本語 E-learning】

<http://www.he.tohoku.ac.jp/SJLE/EL/index-e.html>

## Sendai Japanese Language Course by SenTIA

【せんだい日本語講座】

[http://www.sira.or.jp/english/life/japanese\\_lesson1.html](http://www.sira.or.jp/english/life/japanese_lesson1.html)

## MIA Japanese Course by MIA

【MIA日本語講座】

<http://www.mia-miyagi.jp/english/japanesecourse.html>

## NIHONGONOMORI by volunteer group

【にほんごのもり】

<http://www.geocities.jp/nihongonomori/index-e.html>

# Emergency, Health & Insurances



# Emergency Contacts 緊急時連絡先

**Police ..... 110**  
(Traffic accidents, Victim of crimes)

**Ambulance & Fire Engine ... 119**  
(Sudden illness, Serious injury, Fire)

When calling “110” or “119”

- Stay calm
- Inform the situation ( a fire “*Kaji desu!*” or other emergency)
- Explain the location (including any nearby landmarks)

Guard's Room

Supervisor (or faculty members in lab/group)

Department Office



## Student Health Care Center (on Kawauchi campus)

- Annual Medical Checkup  
Once a year in May or by appointment if you have a legitimate purpose/reason  
(e.g. scholarship and/or job application, etc)
- Medical Treatment & Consultation
- Health Certification Issuance (available upon request)
- Reference to Medical Institutions  
[http://www.health.ihe.tohoku.ac.jp/eng\\_front/](http://www.health.ihe.tohoku.ac.jp/eng_front/)



## Counselling Office at Center for Counselling and Disability Services (on Kawauchi campus, English speaking counsellor available)

- Troubles obsessing you, feeling depressed, etc...
- Harassment (sexual, academic, power)

\*Free of charge for counseling sessions

[http://www.ccds.ihe.tohoku.ac.jp/front/counseling\\_office/sso\\_english/](http://www.ccds.ihe.tohoku.ac.jp/front/counseling_office/sso_english/)

# National Health Insurance (NHI)

国民健康保険



## National Health Insurance (NHI) “Kokuho”

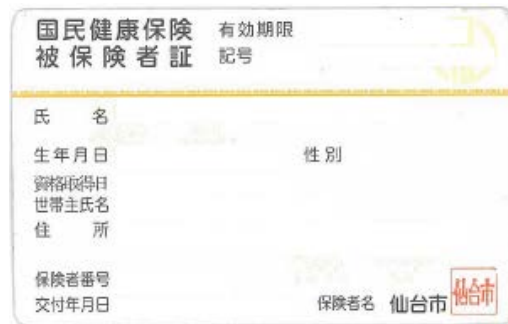
Required to join the NHI plan who stay in Japan for 3 months or more

- Necessary to bring NHI card with you when visiting medical facilities

**NOT covered:** medical checkup, protective vaccination, cosmetic surgery, normal birth, dental materials, latest medical technology/medicine, etc.

**With NHI, covered 70% of medical expense >>> You pay 30%**

- NHI Payment slip will be sent to you later
- From next year, NHI Payment slip will be sent every year (in June)
- Necessary to make your payment by the due date: **Approx. 2,000 JPY/month**
- Automatic withdrawal upon request
- New NHI card will be sent out every year (by the end of September)



National Health Insurance (NHI) Card

## National Pension “*Nenkin*”

- Social insurance system
- Need to pay the insurance premium (age of from 20 to 60)
  - Old-age Basic Pension
  - Disability Basic Pension

Insurance Premium: 16,490 JPY/month (as of fiscal year 2017)

## Student Deferment

- Apply at Student Support Division (*Gakusei Shien-ka*) at No. 3 window on Kawauchi Campus
- Bring Pension Handbook and Student ID card
- Need to make an application every year
  - 2017: Apply the deferment after receiving the handbook
  - 2018: Apply the deferment on/after April





- ◆ **Personal Accident Insurance for Students Pursuing Education and Research (PAS) “Gakkensaī”**
- ◆ **Personal Liability Insurance “Gakkenbai”**

- All the Tohoku University students are required to buy these two insurances especially designed for students.
- Basically covered for the expenses for physical injuries and liabilities due to accidents during your activities as a student.
- Covered accidents on your way to/from home and campuses/university facilities.

**Insurance Premium:**

- **New Master’s student >>> 2,430 JPY (for 2 years)**
- **New Doctoral student >>> 3,620 JPY (for 3 years)**



# Emergency Secure Plan (ESP)

## 緊急時安心プラン



Handout

**School of Science International students are required to join the plan.**

**Insurance Premium: 1,000 JPY for 1 year** (plus 380 JPY for the handling fee)

**New Master's student >>> 2,380 JPY (for 2 years)**

**New Doctoral student >>> 3,380 JPY (for 3 years)**

Make a payment at a convenience store with the invoice

### Medical Assistance Service (MAS)

メディカルアシスタンスサービス



### Emergency Expense Insurance (EEI)

緊急時費用保険

- 24 hours Trilingual Medical Assistance
  - Three-way telephone service
    - Available in English, Chinese, Japanese
  - Reference to an appropriate, nearby medical facility
  - Arrangement of transportation to a/another medical facility in Japan or in home country ...etc.
- Covered up to 2,000,000 JPY in total per case when hospitalized for 3 or more consecutive days due to an accident or illness
  - Emergency Reunion (up to 3 persons)
    - Round-trip Transportation, Accommodation up to 14 days, Interpreter...etc.

# Disaster Prevention

Movies made by SIRA on You Tube:

<http://www.sira.or.jp/japanese/blog/archives/2013/09/post-373.html> (in 12 languages)

There are Part 1 and Part 2, we will watch Part 2 today.



# When there is an Earthquake

地震が起きたら



## (1) Protect your head

Hide under a strong desk/table

If there is no furniture under which to hide, protect your head with a cushion or other



## (2) Don't panic and rush outside

When leaving a building, watch out for objects falling from above.

## (3) Turn/shut off gas and electricity after shakes

Approaching a fire during strong tremors is dangerous.

## (4) Secure an exit

Doors and windows may not open due to distortion from strong tremors.

## (5) Be aware of aftershocks

Be cautious around objects such as drawers, shelves, and refrigerators

# What you can get prepared

地震が起きる前にできること



## Emergency Contact Information & Meeting Points

- Lab members
- Family members (Japan & home country)
- Friends

Meeting point on campus: Central Plaza or Kita Aobayama Park

Disaster Response Drill at School of Science: Thursday, October 19, 2017

## Emergency Kit

- Stock necessary items in a back pack
- Water, food, first aid kit, radio, flashlight



## Secure Furniture

Prevent furniture from moving



# Be familiar with . . .

## 覚えてほしいこと



- **Seismic Intensity Scale “震度 *Shindo*”**

From 0 to 7

Great East Japan Earthquake (2011.3.11) Strong 6 (*Shindo roku kyou*)

- **Earthquake Early Warnings (EEW) 【緊急地震速報】 by JMA**

Alarms through TV, radio, mobile phones, and/or Campus's broadcast system

\* Installed in all Tohoku University Campuses, the warning activates when the *Shindo 4* or more earthquake hits

- **Designated Evacuation (Refuge) Areas 【指定避難所】**

Public Elementary and Junior High Schools

- **Sendai Disaster Multilingual Support Center 【仙台市災害多言語支援センター】**

by SenTIA (Sendai Tourism, Convention and International Association)

set up and start operation when a large scale of natural disaster occurs  
provide disaster related information in multiple languages following the disaster.

<http://int.sentia-sendai.jp/e/life/bousai.html> TEL: 022-224-1919 / 022-265-2471

# Other Threats その他の危険

## Bears!! Spotted in campus!



Report of sighting →

- NOT to go outside alone in the dusk and dawn.
- To make noise when you walk through the map above, such as to carry bear bells, or sing, whistle or talk.
- NOT to leave your garbage outside, even at the collection spot.



Snow-covered campus  
is beautiful, but...



NEW!



Snakes!

... walk carefully!



Numerous Bicycle  
Accidents!