

# To Students of the School of Science

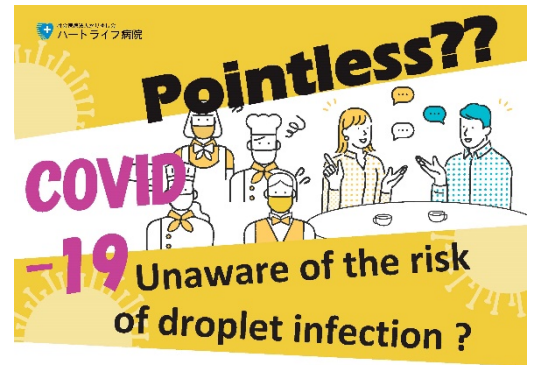
With the rapid spread of the new coronavirus infection in Miyagi Prefecture, there has been a sharp increase in the number of students infected in the School of Science.

These infections occurred were while eating, drinking, and singing karaoke without masks.

In the cluster of infections that occurred last March, seven students in total tested positive: six were together at multiple karaoke rooms and one joined them at home(s) for eating and drinking during the same period. Although two students who were with them at the *karaoke* rooms and at home tested negative, they were ordered to stay home (for health monitoring) for two weeks.

Observation of the activities of the infected students in the School of Science showed that selfish behavior, such as removing masks while eating, drinking, and singing karaoke increased the risk of infection.

Even if you are asymptomatic, you should be aware of the possibility of being infected, and in order to prevent the spread of infection, you should follow basic prevention measures, such as avoiding the **3Cs** (poorly ventilated closed spaces, crowded places where many people gather, close-contact settings where people talk in close proximity), wearing a proper mask, and frequently disinfecting your hands. Please avoid exposing yourself to the risk of infection.



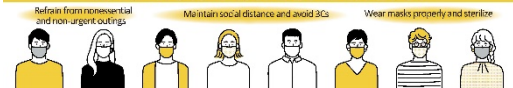
**Having a meal with someone is fun, but conversation without a mask increases the risk!**

Infection in restaurants is not caused by eating or drinking in itself, but by conversations without masks.

It is not the restaurants but us, the users, who can prevent this risk.

**Wear a mask when you talk, avoid face-to-face contact, and keep your stay short!**

**Measures you can take... Make sure you don't get it yourself and don't infect others!**



The bed occupancy rate in Sendai area has reached 94%\* and is putting strain on the medical system. We ask each of you to follow basic infection prevention measures and to be aware of and responsible in your actions.

\*as of April 4, 2021



**Six months after discharge from the hospital, 76% of the patients are still suffering from some kind of aftereffects.**

**Fatigue and muscle weakness.....63% Inomnia.....26%**

Other symptoms: hair loss, olfactory disturbances, palpitations, joint pain, loss of appetite, taste disturbances, anxiety, mood swings

Just because you are young or have shown minor symptoms, there is no guarantee that you will not have any after-effects.

**For your future and for the people you love... Make sure you don't get it yourself and don't infect others!**



illustrated by Emma

On the basis of past cases, infection among members of the university community, including those in the classroom, is extremely rare. Therefore, when eating on university campuses, please protect yourself and your friends from the risk of infection, by avoiding talking and limiting your time in the cafeteria short.

If you are infected, the university will immediately review your behavioral history to determine the extent of the risk for secondary infection. The results of the review will be used only for the purpose of preventing the spread of infection, and your privacy will be fully protected. We ask for your cooperation in promptly providing accurate information.

As members of society, it is our responsibility to consider how we should act and practice those measures to prevent the spread of infection. Please ensure that basic infection prevention measures are followed and that, as a community, we act with awareness and responsibility.

>>> **If you feel sick or if you need to take a PCR test, call the Academic Affairs Division at 022-795-6403 immediately!** <<<

<See also: Tohoku University COVID-19 Information and Preventive Measures>  
[https://www.tohoku.ac.jp/en/news/university\\_news/information\\_of\\_covid\\_19.html](https://www.tohoku.ac.jp/en/news/university_news/information_of_covid_19.html)



☆Can be accessed from the QR code ->